

St Hilda with St Thomas, South Shields

1 March 2026

SECOND SUNDAY OF LENT

Intention: Our Parish and People

9.30am – Sung Mass

In Lent, we omit the Gloria

Gospel Acclamation: Praise, and honour to you, Lord Jesus Christ. If anyone loves me he will keep my word: and my Father will love him and we shall come to him. Praise, and honour to you, Lord Jesus Christ.

5pm – Choral Stations of the Cross at St Michael's

1. If you would like to be on the Parish Electoral Roll, please speak to the Parish Roll Officer, Gillian King.

2. Sunday 1 March: Choral Stations of the Cross at 5pm at St Michael's. All Welcome.

3. Tuesdays in Lent: Stations of the Cross at 7pm on 3, 10, 17 & 24 March.

4. It was announced on Thursday 19 February that the Venerable Rick Simpson, currently Archdeacon of Auckland, will be the next Bishop of Durham. The Installation Service is expected to be at Durham Cathedral in the summer.

5. Wednesday 18 March: Society of Mary meets at St Michael's for Solemn Mass for St Joseph's Day. All welcome.

6. Prayer Book Society Lent Meditations by Bishop Richard Chartres available at pbs.org.uk

7. Save the Date: Saturday 18 July: The Bishop of Beverley's Festival at York Minster.

This week's scripture readings at Mass

Daniel 9.4-10 | Luke 6.36-38

Isaiah 1.10, 16-20 | Matthew 23.1-12

Jeremiah 18.18-20 | Matthew 20.17-28

Jeremiah 17.5-10 | Luke 16.19-end

Genesis 37.3-4, 12-13, 17-28 |

Matthew 21.33-43, 45-46

Micah 7.14-15, 18-20 | Luke 15.1-3, 11-end

Churchwardens: Mrs J Mulley (456-7461)

Mr P Grainger (454-3955)

Mr W Marley Miss C Mulley

This week's services and prayer intentions

[Services in italics at St Michael's Church]

Monday 2 March

St Chad

Intention: St Chad's College, Durham

8.30am Morning Prayer

9.00am Mass

5.30pm Evening Prayer

Tuesday 3 March

Lent Feria

Intention: Prisoners and their families

5.30pm Evening Prayer

6.00pm Mass

7.00pm Stations of the Cross

Wednesday 4 March

St Casimir

Intention: Royal National Lifeboat Institution

10.00am Mass

5.30pm Evening Prayer

7.00pm Stations of the Cross

Thursday 5 March

Lent Feria

Intention: Release International

11.00am Mass (BCP)

Friday 6 March

Lent Feria

Intention: Those in need

10.30am Funeral Service |

John Davis RIP

Saturday 7 March

Ss Perpetua and Felicity

Intention: Water Aid

10.00am Mass

Sunday 8 March

THIRD SUNDAY OF LENT

Intention: Our Parish and People

Sung Mass at 9.30am

Contact details

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The Parish Church of St Hilda with St Thomas, South Shields

Market Place, South Shields, NE33 1DX

sthilda.org.uk | achurchnearyou.com/13711 | YouTube: Churches South Shields

A Forward in Faith Parish in the Episcopal Care of the Bishop of Beverley

FIRST SUNDAY OF LENT

COLLECT

Almighty God, you show to those who are in error the light of your truth, that they may return to the way of righteousness: grant to all those who are admitted into the fellowship of Christ's religion, that they may reject those things that are contrary to their profession, and follow all such things as are agreeable to the same; through our Lord Jesus Christ, who is alive and reigns with you, in the unity of the Holy Spirit, one God, now and for ever. **Amen.**

FIRST READING Genesis 12.1-4a

A reading from the book Genesis.

The LORD said to Abram, 'Go from your country and your kindred and your father's house to the land that I will show you. I will make of you a great nation, and I will bless you, and make your name great, so that you will be a blessing. I will bless those who bless you, and the one who curses you I will curse; and in you all the families of the earth shall be blessed.' So Abram went, as the LORD had told him; and Lot went with him.

PSALM Verses from Psalm 121

I will lift up mine eyes unto the hills : from whence cometh my help.

My help cometh even from the Lord : who hath made heaven and earth.

He will not suffer thy foot to be moved : and he that keepeth thee will not sleep.

Behold, he that keepeth Israel : shall neither slumber nor sleep.

The Lord shall preserve thy going out, and thy coming in : from this time forth for evermore.

SECOND READING Romans 4.1-5, 13-17

A reading from the letter of Paul to the Romans.

What are we to say was gained by Abraham, our ancestor according to the flesh? For if Abraham was justified by works, he has something to boast about, but not before God. For what does the scripture say? 'Abraham believed God, and it was reckoned to him as righteousness.' Now to one who works, wages are not reckoned as a gift but as something due. But to one who without works trusts him who justifies the ungodly, such faith is reckoned as righteousness. For the promise that he would inherit the world did not come to Abraham or to his descendants through the law but through the righteousness of faith. If it is the adherents of the law who are to be the heirs, faith is null and the promise is void. For the law brings wrath; but where there is no law, neither is there violation. For this reason it depends on faith, in order that the promise may rest on grace and be guaranteed to all his descendants, not only to the adherents of the law but also to those who share the faith of Abraham (for he is the father of all of us, as it is written, 'I have made you the father of many nations')—in the presence of the God in whom he believed, who gives life to the dead and calls into existence the things that do not exist.

GOSPEL John 3. 1-17

Hear the gospel of our Lord Jesus Christ according to John.

There was a Pharisee named Nicodemus, a leader of the Jews. He came to Jesus by night and said to him, 'Rabbi, we know that you are a teacher who has come from God; for no one can do these signs that you do apart from the presence of God.' Jesus answered him, 'Very truly, I tell you, no one can see the kingdom of God without being born from above.' Nicodemus said to him, 'How can anyone be born after having grown old? Can one enter a second time into the mother's womb and be born?' Jesus answered, 'Very truly, I tell you, no one can enter the kingdom of God without being born of water and Spirit. What is born of the flesh is flesh, and what is born of the Spirit is spirit. Do not be astonished that I said to you, "You must be born from above." The wind blows where it chooses, and you hear the sound of it, but you do not know where it comes from or where it goes. So it is with everyone who is born of the Spirit.' Nicodemus said to him, 'How can these things be?' Jesus answered him, 'Are you a teacher of Israel, and yet you do not understand these things? 'Very truly, I tell you, we speak of what we know and testify to what we have seen; yet you do not receive our testimony. If I have told you about earthly things and you do not believe, how can you believe if I tell you about heavenly things? No one has ascended into heaven except the one who descended from heaven, the Son of Man. And just as Moses lifted up the serpent in the wilderness, so must the Son of Man be lifted up, that whoever believes in him may have eternal life. 'For God so loved the world that he gave his only Son, so that everyone who believes in him may not perish but may have eternal life. 'Indeed, God did not send the Son into the world to condemn the world, but in order that the world might be saved through him.'

PRAYER AFTER COMMUNION

Almighty God, you see that we have no power of ourselves to help ourselves: keep us both outwardly in our bodies, and inwardly in our souls; that we may be defended from all adversities which may happen to the body, and from all evil thoughts which may assault and hurt the soul; through Jesus Christ our Lord.
Amen.